Table 2

Effect Coefficients, Bias-Corrected Bootstrap Confidence Intervals, and Estimated Effect Sizes (Ratio of Indirect to Total Effect) for the Indirect Effects of CSA Via Mindfulness on Post-Traumatic Outcomes.

Dependent variable	Path a (SE)	Path b (SE)	Path c' (SE)	Path ab (Boot SE)	95% CI LL - UL	ES
Anxiety (*n* = 236)	-2.89* (1.42)	-.18** (.03)	2.05** (.63)	.53 (.25)	[.12, 1.10]	.21
Depression (*n* = 236)	-2.85* (1.42)	-.21** (.03)	1.78** (.56)	.61 (.26)	[.14, 1.16]	.25
PTSD (*n* = 237)	-3.12* (1.40)	-.30** (.04)	3.34** (.81)	.94 (.38)	[.27, 1.77]	.22
Sexual Concerns (*n* = 235)	-3.16* (1.40)	-.13** (.04)	4.27** (.87)	.42 (.22)	[.11, .98]	.09
Dissociation (*n* = 237)	-3.12* (1.40)	-.24** (.03)	2.37** (.72)	.73 (.30)	[.22, 1.43]	.24
Anger (*n* = 237)	-3.12* (1.40)	-.17** (.03)	2.86** (.71)	.53 (.25)	[.14, 1.12]	.16

Note. Path a = Total effect of CSA on Mindfulness. Path b = Direct effect of Mindfulness on dependent variables. Path c' = Direct effect of CSA on dependent variables. Path ab = Indirect effect of CSA on dependent variables through Mindfulness. CI = Confidence intervals based on 10 000 bootstrap samples. LL = Lower Level and UL = Upper Level. ES = Effect size based on the ratio of indirect to total effect of CSA on dependent variables. Controlling for gender in all analyses.

* *p* < .05, ** *p* < .01