



# Validation Study for the Korean Version of Fear of Cancer Recurrence Inventory

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## INTRODUCTION

Fear of cancer recurrence (FCR) is defined as the fear that cancer might return or progress in the same region or in another part of the body (1,2). People who have been diagnosed with cancer commonly suffer from various degrees of FCR. A study has reported that over 30% of ovarian cancer patients have experienced worry about cancer recurrence at least once a week, even after surviving for more than 2 years after completing cancer treatment (3). About 56% of breast cancer survivors have experienced moderate to severe FCR in another study (4). FCR is one of the most prevalent unmet psychosocial needs. It might be associated with psychological distress, functioning impairments, and increased use of health care resources (5,6). Therefore, evaluation of FCR seems essential for the care of cancer survivors. However, relatively few measures are available based on empirically supported theory of FCR (7).

Fear of Cancer Recurrence Inventory (FCRI), one of the strongest psychometrical tools that measures FCR for heterogeneous

Fear of cancer recurrence (FCR) is one of the most prevalent unmet psychosocial needs. This study aimed to confirm the cultural equivalence, reliability, and validity of the Korean version of Fear of Cancer Recurrence Inventory (K-FCRI). We conducted a forward-backward translation of the English version FCRI to Korean version through meticulous process including transcultural equivalence test. The psychometric property of the K-FCRI was then validated in 444 survivors from cancers at various sites. The Korean translation was accepted well by participants. There was a good cultural equivalence between the Korean version and the English version of FCRI. Confirmatory factor analysis supported the original seven-factor structure with slightly insufficient level of goodness-of-fit indices (comparative fit index = 0.900, non-normed fit index = 0.893, root mean square error of approximation = 0.060). The K-FCRI had high internal consistency ( $\alpha = 0.85$  for total scale and  $\alpha = 0.77-0.87$  for subscales) and test-retest reliability ( $r = 0.90$  for total scale and  $r = 0.54-0.84$  for subscales). The K-FCRI had significant correlations with the Korean version of Fear of Progression Questionnaire, European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Version 3.0, Hospital Anxiety and Depression Scale, and Fatigue Severity Score, supporting the good construct validity and psychometric properties of K-FCRI. The K-FCRI was confirmed as a valid and reliable psychometric test for measuring FCR of Korean survivors from cancers at various sites.

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cancer populations, has been developed based on cognitive-behavioral conceptualization of FCR (7,8). It contains 42 items evaluating seven FCR components (triggers, severity, psychological distress, functioning impairments, insight, reassurance, and coping strategies). The original French version of FCRI was developed by Simard and Savard (8) using 600 French Canadians who survived breast, colon, prostate, or lung cancer. It has excellent level of internal consistency, reliability, and construct validity (8). After that, an English version of FCRI has been validated (2).

In Korea, the 5-year survival rate of cancer patients was increased from 53.8% during 2001-2005 to 69.4% during 2008-2013, resulting in about 1,370,049 cancer survivors in 2013 (9). Several studies have found that the prevalence of psychological problem is substantially high in Korean cancer survivors (10-12). Therefore, the need for an instrument that adopts multi-dimensional approach to assess FCR of Korean cancer survivors is increasing. To the best of our knowledge, psychometrical instrument that encompasses comprehensive aspects of FCR of

Koreans is currently unavailable. Therefore, the objective of the present study was to determine the cross-cultural equivalence of the Korean version of FCRI (K-FCRI) and examine its reliability and validity of K-FCRI using psychometric properties.

## MATERIALS AND METHODS

We conducted the translation and validation of the K-FCRI through the following steps: 1) performing forward-backward translation of English version FCRI and pilot test, 2) establishing cross-cultural equivalence using a bilingual (both English and Korea) sample, and 3) measuring the psychometric properties in a large sample of Korean cancer survivors.

### Translation and pilot test

The FCRI is a multidimensional questionnaire composed of seven subscale components of FCR: potential stimuli activating FCR (triggers), presence and severity of intrusive thoughts associated with FCR (severity), emotional disturbance associated with FCR (psychological distress), impact of FCR on important areas of functioning (functional impairments), self-criticism toward FCR intensity (insight), reassurance seeking such as thorough self-examination or repeated medical consultations (reassurance), and other strategies to cope with FCR (coping strategies) (8). Each item is rated on a Likert scale ranging from zero ('not at all' or 'never') to four ('a great deal' or 'all the time'). A subscale score can be calculated for each subscale component. The total score is then calculated based on the scores of each subscale. Considering that the question for item 13 ("I believe that I am cured and the cancer will not come back") is addressed in opposite direction of other questions, the response scale to item 13 is reversely put in the calculation of total score. Higher summary score of FCRI indicates higher levels of FCR. In addition, the severity subscale of the FCRI (also referred to as FCRI-short form) has an empirically validated cutoff score ( $\geq 13$  points) for screening clinically significant level of FCR (13). Cronbach's alpha value for each seven subscales has been reported as follows in a previous validation study (8): trigger,  $\alpha = 0.90$ ; severity,  $\alpha = 0.89$ , psychological distress,  $\alpha = 0.86$ ; functioning impairments,  $\alpha = 0.91$ ; insight,  $\alpha = 0.80$ ; reassurance,  $\alpha = 0.75$ ; and coping strategies,  $\alpha = 0.89$ .

Initial translation of the FCRI from English version to Korean was done by a panel composed of three medical experts (one psychologist and two family physicians) who can speak both English and Korean fluently. Another bilingual psychologist who was blinded to the English version of FCRI backward translated the K-FCRI into English. A certified simultaneous Korean-English interpreter assessed the backward-translated English version FCRI as having maintained the semantics and meanings of the English version of FCRI.

Using the first-translated K-FCRI, a pilot test was conducted

in 13 participants, including three cancer patients (breast, stomach, and thyroid), two patients without cancer, six physicians, and two nurses. All participating physicians and nurses had experience in cancer patient management. For the pilot test, the K-FCRI was self-administered to the 13 participants. A face-to-face interview was then performed by a well-trained research assistant to ask them whether any items of questions were confusing or difficult to answer. The first-translated K-FCRI was then revised accordingly to develop the final Korean version by the two initial translators considering the feedback and proposed changes based on the pilot test. The final Korean version was re-pilot tested in another five cancer patients (breast, two stomach, thyroid, and colon). They confirmed that the instructions, questions, and response options of the final K-FCRI could be clearly understood.

### Cross-cultural validity and reliability

Thirty-two bilinguals composed of six cancer patients, eight nurses, and 18 physicians assessed the cultural equivalence of the K-FCRI and the original English versions FCRI. The mean score of these bilingual evaluators in assessing the level of fluency in both Korean and English was 6.1 in a self-rated 10-point scale (0 point: not at all to 10 point: perfectly).

We evaluated the language, similarity, and interpretability between the English version FCRI and the K-FCRI using counterbalanced design (13,14), for which participants were randomly assigned to begin with either the Korean version or with the original English version. Comparability of language refers to the formal similarity of words, phrases, and sentences. Similarity of interpretability refers to the degree to which the two versions engender the same response even though the wording is not the same. Similarity was quantified by Likert scale ranging from one (extremely comparable/extremely similar) to seven (not at all comparable/not at all similar). Question items acquiring a mean score of  $> 3$  in any category or between 2.5 and 3 in interpretability were considered problematic and reviewed for possible correction (15). In our study, further correction was unnecessary because the mean scores for the comparability of language and similarity of interpretability were 1.34 and 1.49, respectively. Therefore, cultural equivalence of the FCRI between the Korean version and the English version was confirmed. To estimate the test-retest reliability of K-FCRI, we repeatedly administered it to 62 participants (14.0%) on two occasions with mean interval of 206 days (range, 25–444 days).

### Measurement of psychometric properties

A self-administered questionnaire consisting of the K-FCRI and other instruments selected for validation of psychometric property of FCRI was given to 444 study participants. A trained research assistant supplemented the incompletely answered questions through additional face-to-face interview if necessary.

We assessed the psychometric properties of the K-FCRI in long-term cancer survivors who had visited cancer survivorship clinic for routine surveillance or care for health problems from September 2014 to December 2015. Of 603 cancer survivors who were contacted, 156 (25.9%) refused to participate in our study. The most common reasons for refusal were “too busy to complete the questionnaire” or “feel uncomfortable to be involved in a research.” Demographic characteristics of study participants were compared to those of nonparticipants using *t*-test or  $\chi^2$  test. Although non-participants had slightly different distribution in age and cancer sites ( $P < 0.010$ ) compared to participants, there was no significant difference in the time lapse since cancer diagnosis, distribution of sex, or treatment modality (Supplementary Table 1). Among 447 cancer survivors who provided written informed consent form, we excluded those who had missing data for more than 50% of question items ( $n = 1$ ), answering with ‘0’ to all questions ( $n = 2$ ) including one item that was reverse scored (item 13). Finally, data from 444 cancer survivors were included in our final analysis.

We selected four Korean version of instruments which have been previously validated for measuring psychological distress in Korean patients with cancer or other chronic diseases. They are Fear of Progression Questionnaire (FoP-Q), European Organization for Research and Treatment of Cancer Quality of Life Questionnaire (EORTC QLQ-C30, version 3.0), Hospital Anxiety and Depression Scale (HADS), and Fatigue Severity Score (FSS).

The FoP-Q consists of 43 statements regarding various concerns related to disease progression and coping with these concerns categorized into five subscales: affective reactions (13 items), partnership/family (7 items), occupation (7 items), loss of autonomy (7 items), and coping (9 items) (14). A five-point Likert scale was used for checking responses from 1 (never) to 5 (very often). It provides two total scores: one for FoP and the other for coping (14). In a study for validating the Korean version of FoP-Q, the Cronbach's alpha coefficient has been reported to be 0.92 for FoP total scale, 0.90 for affective reactions, 0.73 for partnership/family, 0.87 for occupation, 0.84 for loss of autonomy, and 0.68 for coping (14).

The 30-item questionnaire, EORTC QLQ-C30 was developed to assess health related quality of life of cancer patients, incorporating five functional scales (physical, cognitive, social, emotional, and role), symptom scale, and global quality of life scale (16). The score of each scale ranges from zero to 100. Lower functional score ( $\leq 33$ ) indicates worse global health status and worse functional status while higher symptom score ( $\geq 66$ ) indicates worse symptomatic status. The Cronbach's alpha coefficients for the Korean version of EORTC QLQ-C30 have been found to be greater than 0.70 for most subscales in a previous validation study except for cognitive functioning ( $\alpha = 0.60$ ) (16).

HADS is a 14-item questionnaire widely used to assess both

dimensional and categorical aspects of anxiety and depression in cancer patients (17). Total summary score of HADS ranges from 0 to 21, with higher score indicating greater level of anxiety or depression. In a previous validation study for the Korean version of HADS, the Cronbach's alpha coefficient has been found to be 0.78 for anxiety subscale and 0.85 for depression subscale (18).

FSS is a 10-item questionnaire developed to assess the effect of fatigue on daily activities with seven-point response scale from 1 (strongly disagree) to 7 (strongly agree) (19). Higher score denotes more severe fatigue. In a previous validation study for the Korean version of FSS, the Cronbach's alpha coefficient for total FSS is 0.935, ranging from 0.925 to 0.932 for subscales (20).

Other measurements in this study included demographic and socioeconomic characteristics (marital status, education level, employment status, income level, religious activity) of participants, which were obtained using a self-administered questionnaire. We reviewed medical records to obtain information about cancer such as the site and stage of cancer treatment modality, status of metastases at the time of primary cancer diagnosis, cancer recurrence, second primary cancer, and family history of cancer.

### Statistical analysis

We evaluated the difference of total K-FCRI score between different cancer sites by the analysis of variance (ANOVA) with post-hoc comparison, after adjusting for years since diagnosis, sex, and cancer stage. The reliability of K-FCRI was assessed by internal consistency and test-retest reliability. Internal consistency between items pertained to a subscale was estimated based on the Cronbach's alpha coefficient. Test-retest reliability was assessed by estimating intra-class correlations between responses to repeatedly addressed K-FCRI questionnaire on two different occasions. Construct validity of K-FCRI was evaluated by estimating convergent validity, concurrent criterion validity, and divergent validity.

We conducted a series of confirmatory factor analyses (CFAs) on the K-FCRI to assess divergent validity by examining whether the original 7-factor solution found for the English version FCRI could be replicated in K-FCRI (8). The tested model was planned with three levels following the original structure model: each of the 42 items, primary factors (7 subscales), and one secondary factor (FCR total score). Goodness-of-fit indices were used to assess the fitness of this model using chi-square likelihood ratio statistic ( $\chi^2$ ), comparative fit index (CFI), non-normed fit index (NNFI), and root-mean-square error of approximation (RMSEA). The cut-off criteria for assessing goodness-of-fit were  $\geq 0.90$  for CFI,  $\geq 0.95$  for NNFI, and  $\leq 0.06$  for RMSEA (21).

Convergence validity was assessed by estimating Pearson's correlation coefficients between each subscale, between total summary score of K-FCRI and the score of each subscale of K-

FCRI, and between each item and total summary score after correcting overlap. Concurrent criterion validity was evaluated by estimating Pearson's correlation coefficients between total K-FCRI score and scores of the Korean version of other psychometric instruments selected for this study such as FoP-Q, EORTC QLQ-C30, HADS, and FSS.

CFA was performed using Mplus version 6.1 (Muthén and Muthén, Los Angeles, CA, USA). All other analyses were performed using PASW Statistics 23.0 software (SPSS Inc., Chicago, IL, USA). The correlation strength was categorized according to the original validation study: weak ( $< 0.4$ ), moderate (0.4–0.69), and strong ( $\geq 0.7$ ) (22).

### Ethics statement

Institutional Review Board (IRB) of Samsung Medical Center approved this study (IRB file number: SMC 2013-07-133). Informed consent was obtained from each participant.

## RESULTS

The characteristics and score of the K-FCRI of the study population are summarized in Table 1. The mean age and mean survival time after cancer diagnosis were 55.3 years and 6.0 years, respectively. Most participants were married. Approximately half of these participants had received college or higher level of education with employed status. Around three quarters of these participants were involved in religious activities. The mean of total summary score of K-FCRI was 59.4. Among subscales of K-FCRI, the score for coping strategy was the highest, followed by trigger, severity, reassurance, and distress. The score for insight was the lowest.

Cancer related information of participants is shown in Table 2. The sites of primary cancer were very diverse. Stomach and breast cancer patients occupied more than 50% of participants. Earlier stages of cancer were more common. More than half of these participants had stage I cancer. Most (96.1%) of these participants had undergone surgery for cancer treatment. At the time of primary cancer diagnosis, 1.3% had metastatic lesion. Among these cancer participants, 1.6% experienced recurrence of cancer and 3.9% already received a second primary cancer diagnosis. Total K-FCRI score of breast cancer patients was significantly higher than that of stomach cancer and lung cancer patients.

The findings from CFA conducted in a series of two models to determine factor structure of the K-FCRI and assess discriminant validity on construct level are shown in Table 3. In the initial model (model A), the goodness-of-fit indices did not fully meet the criteria for adequate model fit ( $\chi^2 = 2,710.283$ ,  $df = 812$ , CFI = 0.853, NNFI = 0.844, RMSEA = 0.073, 90% confidence interval = 0.070–0.076). In the next model (model B), modification indices were applied to free the parameters in the error co-

**Table 1.** Demographic and socioeconomic characteristics of study participants

Characteristics	Total (n = 444)	Men (n = 157)	Women (n = 287)
Age, yr	55.3 (10.3)	58.5 (9.5)	53.5 (10.3)
Age at cancer diagnosis, yr	49.4 (10.2)	52.6 (9.7)	47.7 (10.0)
Time since cancer diagnosis, yr	6.0 (4.2)	6.0 (3.6)	6.0 (4.5)
Marital status, %			
Married/with partner	80.9	89.8	76.0
Single	15.7	7.0	20.9
Unknown	3.4	3.2	3.1
Education level, %			
$\leq$ High school	45.1	42.0	46.9
$\geq$ College degree	47.5	50.4	45.8
Unknown	7.4	7.6	7.3
Employment, %			
Retired/unemployed	51.8	27.4	65.2
Employed	47.5	71.3	34.5
Unknown	0.7	1.2	0.3
Monthly household income (Korean won), %			
$< 1,000,000$	5.2	3.2	6.3
1,000,000–1,990,000	12.9	13.4	12.6
2,000,000–3,990,000	24.6	24.2	24.8
More than 4,000,000	40.2	45.2	37.4
Unknown	17.1	14.0	18.9
Religion			
Do not have	26.2	33.1	22.4
Have, but no religious activity	24.6	24.8	24.5
Irregular activity	16.7	17.2	16.4
Regular activity	32.5	24.8	36.7
FCRI (range of score)			
Total summary score (0–168)	59.4 (24.3)	54.0 (24.2)	62.5 (23.8)
Trigger (0–32)	13.3 (7.1)	12.3 (7.4)	13.8 (6.8)
Severity (0–36)	12.5 (6.4)	11.7 (6.4)	12.9 (6.4)
Psychological distress (0–16)	4.1 (3.9)	3.5 (3.6)	4.4 (4.0)
Coping strategies (0–36)	18.5 (7.7)	16.2 (7.7)	19.8 (7.4)
Functioning impairments (0–24)	4.9 (5.8)	4.4 (5.5)	5.1 (6.0)
Insight (0–12)	1.4 (2.0)	1.5 (1.9)	1.3 (2.1)
Reassurance (0–12)	4.9 (3.3)	4.4 (3.5)	5.2 (3.2)

Values are presented as mean (SD).

FCRI = Fear of Cancer Recurrence Inventory, SD = standard deviation.

variance matrix, similar to the method used by Lebel et al. (2). The revised model showed improvement over the initial model. The original seven-factor structure remained. In addition, the same nine covariances were found, although items 13 and 14 were replaced by items 15 and 16. With the new adjustment, all goodness-of-fit indices were improved: RMSEA was improved from 0.073 to 0.060, CFI was improved from 0.853 to 0.900, and NNFI was improved from 0.844 to 0.893.

The reliability, convergence validity, and discrimination validity of K-FCRI are shown in Table 4. Corrected item-total correlations and Cronbach's alphas met the standards of convergence validity. The levels of corrected item-total correlations ( $r = 0.22$  to  $0.80$ ) were neither less than 0.20 nor more than 0.80 (23). Cronbach's alpha values for total K-FCRI and subscales were 0.85 and 0.77–0.84, respectively, which were within acceptable to good levels. Test-retest reliability assessed by the intra-

**Table 2.** Cancer related information of study participants according to primary cancer site

Cancer parameters	Total (n = 444)	Stomach (n = 173)	Breast (n = 112)	Lung (n = 42)	Thyroid (n = 37)	Other (n = 80)
Stage of primary cancer, %						
I	52.5	53.3	43.6	62.5	61.3	52.3
II	24.9	33.3	32.7	12.5	9.7	15.9
III & IV	19.0	13.3	14.5	25.0	29.0	25.0
Unknown	3.6	0	9.1	0	0	6.8
Cancer treatment received, %						
Surgery	96.1	93.8	100	95.1	97.1	88.0
Chemotherapy	41.4	37.0	70.0	35.0	0	30.1
Radiotherapy	37.4	24.1	76.4	17.5	3.0	35.7
Hormone therapy	1.6	-	59.6	-	-	-
Metastasis at diagnosis	1.3	0.6	0	2.6	3.4	2.2
Recurrence	1.6	1.3	3.0	2.8	0	0
Development of second primary cancer*	3.9	1.1	8.9	2.4	0	5.0
Family history of cancer	47.5	43.9	50.0	40.5	45.9	56.3
Total FCRI score <sup>†</sup>	59.2 (24.5)	57.2 (24.1) <sup>‡</sup>	67.0 (24.3) <sup>‡</sup>	52.9 (22.5) <sup>‡</sup>	56.7 (28.0)	57.0 (23.2)

Values are presented as percentage or mean (SD).

FCRI = Fear of Cancer Recurrence Inventory, SD = standard deviation, ANOVA = analysis of variance, FCR = fear of cancer recurrence.

\*Cancer sites of second primary cancer (number of cases) were thyroid (n = 10), breast (n = 3), stomach (n = 2), lung (n = 1), and ovary cancer (n = 1). <sup>†</sup>The difference among cancer sites obtained by the ANOVA with post hoc comparison after adjusted for year since diagnosis, sex and cancer stage. <sup>‡</sup>*P* < 0.05, breast cancer patients had a higher level of FCR.

**Table 3.** Summary of results from CFAs for K-FCRI

Models	Study	$\chi^2$	df	CFI	NNFI	RMSEA (90% CI)
Model A	Simard and Savard (2009)	2,710.283	812	0.853	0.844	0.073 (0.070–0.076)
Model B	Shin et al. (2017)	2,093.864	803	0.900	0.893	0.060 (0.057–0.063)

CFA = confirmatory factor analysis, K-FCRI = Korean version of Fear of Cancer Recurrence Inventory, CFI = comparative fit index, NNFI = non-normed fit index, RMSEA = root-mean-square error of approximation, CI = confidence interval.

**Table 4.** Reliability and convergence validity of the K-FCRI

Subscale components	No. items	Correlation coefficients between the subscale components								Corrected item-total correlations	Cronbach's alpha	ICC test-retest
		F1	F2	F3	F4	F5	F6	F7	Total score			
F1. Triggers	8	1.00	0.73*	0.57*	0.21*	0.37*	0.43*	0.27*	0.81*	0.59-0.81	0.80	0.76 <sup>‡</sup>
F2. Severity	9		1.00	0.68*	0.14*	0.44*	0.48*	0.23*	0.80*	0.54-0.80	0.77	0.84 <sup>‡</sup>
F3. Psychological distress	4			1.00	0.15*	0.52*	0.51*	0.21*	0.76*	0.47-0.68	0.83	0.73 <sup>‡</sup>
F4. Coping Strategies	9				1.00	0.11*	0.03	0.45*	0.50*	0.22-0.52	0.77	0.54 <sup>‡</sup>
F5. Functioning impairments	6					1.00	0.44*	0.16*	0.66*	0.43-0.52	0.82	0.67 <sup>‡</sup>
F6. Insight	3						1.00	0.16*	0.58*	0.49-0.60	0.87	0.80 <sup>‡</sup>
F7. Reassurance	3							1.00	0.49*	0.59-0.84	0.84	0.80 <sup>‡</sup>
Total score	42								1.00	0.22-0.80	0.85	0.90 <sup>‡</sup>

K-FCRI = Korean version of Fear of Cancer Recurrence Inventory, ICC = intra-class correlation coefficient.

\**P* < 0.00625 (Bonferroni correction applied); <sup>†</sup>*P* < 0.001; <sup>‡</sup>*P* < 0.05.

class correlation coefficient (ICC) between the responses to the repeatedly administered questionnaire was within reliable range: ICC for total K-FCRI was 0.90 (*P* < 0.001), ICC for subscales of FCRI ranged between 0.54 and 0.84 (*P* < 0.050). Four subscales (triggers, severity, psychological distress, and functioning impairments) had moderate to strong levels of correlations with total score, whereas coping strategies, insight, and reassurance subscales had low to moderate correlations with total summary score.

The correlations between total summary score of K-FCRI and scores of FoP-Q, EORTC QLQ-C30, HADS-K, and FSS are shown

in Table 5. Total score and subscale scores of FoP-Q showed significant positive correlations with the total score of K-FCRI. The correlation coefficient between K-FCRI with total score of FoP-Q was 0.73. There were significant inverse correlations between total summary score of K-FCRI and the scores of EORTC QLQ-C30 subscales. The highest correlation coefficient was found for emotional functioning scale. The inverse correlation between these tools indicated that cancer patients with high FCR might have poor quality of life because higher score of EORTC QLQ-C30 reflected better status. Total summary score of K-FCRI was positively correlated with anxiety category of HADS. However,

**Table 5.** Correlation between the K-FCRI and other Korean version tools measuring psychological distress

Tools	Score range	Mean score (SD)	Correlation coefficient ( <i>r</i> ) with FCRI
<b>FoP-Q</b>			
Affective reaction	1–5	2.17 (0.80)	0.65 <sup>†</sup>
Partnership/family	1–5	2.16 (0.74)	0.56 <sup>†</sup>
Occupation	1–5	1.74 (0.83)	0.47 <sup>†</sup>
Loss of independence	1–5	1.83 (0.62)	0.57 <sup>†</sup>
Total*	1–20	7.73 (2.52)	0.73 <sup>†</sup>
Coping	1–5	3.01 (0.82)	0.30 <sup>†</sup>
<b>EORTC QLQ-C30</b>			
Global health status	0–100	66.60 (18.8)	–0.15 <sup>†</sup>
Physical functioning	0–100	78.90 (16.8)	–0.13 <sup>†</sup>
Role functioning	0–100	83.50 (22.4)	–0.21 <sup>†</sup>
Emotional functioning	0–100	76.90 (20.3)	–0.31 <sup>†</sup>
Cognitive functioning	0–100	74.60 (20.1)	–0.13 <sup>†</sup>
Social functioning	0–100	78.50 (24.6)	–0.21 <sup>†</sup>
<b>HADS</b>			
Anxiety	0–21	5.40 (2.9)	0.49 <sup>†</sup>
Depression	0–21	11.10 (3.3)	0.02
FSS, total	1–70	2.99 (1.7)	0.27 <sup>†</sup>

K-FCRI = Korean version of Fear of Cancer Recurrence Inventory, SD = standard deviation, FCRI = Fear of Cancer Recurrence Inventory, FoP-Q = fear of progression questionnaire, EORTC QLQ-C30 = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire, HADS = Hospital Anxiety and Depression Scale, FSS = Fatigue Severity Score.

\*Obtained by summation of mean values of four FoP-Q subscales except for coping scale. <sup>†</sup> $P < 0.001$ .

there was no significant correlation between the total summary score of K-FCRI with the depression category of HADS. Total summary score of K-FCRI was positively correlated with total score of FSS. We presented K-FCRI in Supplementary Table 2.

## DISCUSSION

In this comprehensive validation study, we demonstrated a cross-cultural equivalence and good psychometric properties of the K-FCRI, supporting that the K-FCRI is useful as a multi-dimensional instrument for assessing FCR of Korean cancer survivors. The distribution of mean score of K-FCRI in our study showed similar distributions for overall scales and subscales to those of the original French version (8) or the English version (2). The order of subscales by mean score in this study was also very similar to that of the original version of FCRI.

We obtained acceptable level of Cronbach's alpha (0.85) and corrected item-total correlation (0.22–0.80) for K-FCRI, although our estimates were slight lower than those obtained in the study for the original French-Canadian version (Cronbach's alpha: 0.95, item-total correlation: 0.26–0.82) (8). CFA showed that all goodness of fit indices of the K-FCRI met the required level of model fitness except for NNFI. The K-FCRI model fit was satisfactorily improved by fixing nine covariance parameters, although items 13 (“I believe that I am cured and that the cancer will not come back”) and 14 (“In your opinion, are you at risk of having

a cancer recurrence?”) among the nine covariance parameters found in the study of Lebel et al. (2) were replaced by items 15 (“How often do you think about the possibility of cancer recurrence?”) and 16 (“How much time per day do you spend thinking about the possibility of cancer recurrence? ”). These results confirmed the strong structure of FCRI even in a population with different language and culture. However, the slightly different finding regarding covariance parameters suggests that there might be redundancy among contents. Nevertheless, good construct validity of the K-FCRI assessed by convergent validity and concurrent criterion validity compensate the insufficient factorial analysis results, supporting that the K-FCRI is a usefulness tool to assess complex and multidimensional natures of FCR of Korean cancer survivors. Compared to the findings observed in the study with the original version FCRI in French-Canadian or English speaking population (0.26–0.82), each item of K-FCRI subscales showed similar levels of correlation (0.22–0.80) with total FCRI in Korean survivors (8). In general, each subscale of K-FCRI showed slightly weaker but similar correlation with total K-FCRI score than the correlations found in the original version of FCRI study.

However, the correlation between ‘coping strategies’ subscale and total FCRI was substantially different between the K-FCRI ( $r = 0.50$ ) and the original French-Canadian version of FCRI ( $r = 0.74$ ). In accordance with this, ‘coping measurement’ of FoP-Q had a weak correlation ( $r = 0.30$ ) with the total score of FCRI in a Korean study (14). These findings indicate that coping strategies of Korean people might not have a close relation with fear of the disease. In addition, given the findings from a cross-cultural study showing that Korean cancer patients have worse health related quality of life with depressive coping than German or Japanese patients (24), it might be more difficult for Korean cancer patients to acquire adequate coping strategy for their FCR.

We evaluated the correlations of the K-FCRI with several psychometric measurement tools (EORTC QLQ-C30, HADS-anxiety, and HADS-depression) as done for the development of the original French-Canadian FCRI (8). We found that the K-FCRI had substantial correlations with those tools except for HADS-depression.

The correlation coefficients between the subscales of EORTC QLQ-C30 and K-FCRI (–0.21 to –0.13) were similar but slightly lower than those observed in the original FCRI study (–0.36 to –0.20). In both studies, global quality of life, role functioning, and social functioning subscales of EORTC QLQ-C30 had higher correlations with FCRI than physical functioning or cognitive functioning. The original French-Canadian FCRI had significant correlations with both HADS-anxiety and HADS-depression. It had moderate correlation with HADS-anxiety and low correlation with HADS-depression. In our study, the K-FCRI had no correlation with HADS-depression scale, while it had

moderately high correlation with HADS-anxiety scale. This finding is similar to the findings of Shim et al. (14). These findings suggest that the K-FCRI might be more useful for assessing anxiety than for assessing depressiveness in Korean people. In addition, we evaluated the correlation of K-FCRI with the Korean version of FoP, a validated tool for measuring the fear of disease progression in Korean cancer patients. In the previous study for 112 Korean cancer patients, the FoP score of patients with recurrence of cancer was significantly different from that of patients without recurrence (14). Therefore, the moderate to strong correlation of the K-FCRI with FoP seems to support the usefulness of K-FCRI as a valid tool for measuring the fear of cancer progression.

The present study has some limitations. First, physicians and nurses were included as participants for cross-cultural validation because it was very hard to enroll bilingual (English-Korean) cancer patients. Thus, medical directives' experiences might have affected the translation. Second, FCR of people with advanced stage of cancer might not be adequately reflected to the translation process because a large portion of study participants has been diagnosed with relatively earlier stage of cancer. However, this issue does not seem to restrict the use of the K-FCRI given that the original French version of FCRI has been validated for use in cancer patients of a wide range of stages, including metastatic and recurrent cancers (8). Third, we could not establish the cut-off score for the K-FCRI to identify clinically significant FCR. Therefore, further clinical studies are needed.

In conclusion, this study confirmed that the K-FCRI could be used as a valid and reliable psychometric test to measure FCR of Korean cancers survivors with various cancer sites.

## DISCLOSURE

The authors have no potential conflicts of interest to disclose.

## AUTHOR CONTRIBUTION

Conceptualization: Shin JY, Goo A, Ko H, Kim JH, Lim SU, Lee HK, Simard S, Song YM. Formal analysis: Shin JY, Goo A, Ko H, Kim JH, Lim SU, Lee HK, Simard S, Song YM. Investigation: Shin JY, Goo A, Ko H, Kim JH, Lim SU, Lee HK, Simard S, Song YM. Writing - original draft: Shin JY, Goo A, Ko H, Kim JH, Simard S, Song YM. Writing - review & editing: Shin JY, Goo A, Ko H, Kim JH, Lim SU, Lee HK, Simard S, Song YM.

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**Supplementary Table 1.** Distribution of participants and non-participants

Items of participants	Participants (n = 447)	Non-participants (n = 156)	P value
Age	56.3 (10.3)	58.9 (10.4)	0.007
Time lapse since cancer diagnosis	5.99 (4.15)	5.97 (4.73)	0.953
Sex_female	64.7	64.1	0.902
Cancer site			< 0.001
Stomach	39.0	28.8	
Breast	25.3	23.7	
Lung	9.4	12.2	
Thyroid	8.5	7.7	
Others	17.8	27.6	
Surgery	96.1	92.8	0.102
Chemotherapy	41.5	48.0	0.170
Radiotherapy	37.3	38.7	0.770

Data were presented as mean (standard deviation) or percentage.

Supplementary Table 2. K-FCRI

암 진단을 받은 사람들은 대부분 정도의 차이는 있지만 암이 재발 할지도 모른다는 걱정을 합니다. 여기서 암의 재발은 기존 암이 다시 생기거나 진행되는 것을 의미합니다.

이 설문지는 암 경험자의 암 재발에 대한 두려움을 더 잘 이해하기 위해 개발되었습니다.

다음 모든 항목에 대해 지난 한달 동안 귀하가 경험한 것과 가장 잘 일치하는 정도를 골라 해당 칸에 O표 해 주십시오.

다음 상황은 암 재발 가능성에 대하여 생각하게 한다.	① 전혀 그렇지 않다	② 드물게 그렇다	③ 가끔 그렇다	④ 대부분 그렇다	⑤ 항상 그렇다
1. 암이나 질병에 대한 텔레비전 프로나 신문기사를 볼 때					
2. 담당 의사나 다른 의사에게 진료받을 때					
3. 병원에서 검사 받을 때 (예: 정기검진, 혈액검사, 방사선검사)					
4. 사람들과 암이나 질병에 대해 이야기할 때					
5. 아픈 사람을 보거나 아픈 사람에 대한 얘기를 들을 때					
6. 장례식장에 가거나, 신문에서 부고 기사를 읽을 때					
7. 몸 상태가 안 좋다고 느끼거나 아플 때					
8. 나는 대부분 암 재발 가능성을 생각하게 하는 상황이나 일을 피한다					
	① 전혀 그렇지 않다	② 조금 그렇다	③ 다소 그렇다	④ 많이 그렇다	⑤ 매우 그렇다
9. 나는 암이 재발할까 봐 걱정되고 불안하다					
10. 나는 암 재발이 두렵다					
11. 나는 암 재발 가능성을 걱정하고 불안해하는 것이 당연하다고 생각한다					
12. 암이 재발할 가능성을 생각할 때 다른 불편한 생각이나 이미지가 떠오른다(죽음, 고통, 내 가족에게 미칠 영향 등)					
13. 나는 완치되었고 암이 다시 생기지 않을 것이라고 믿는다					
14. 스스로 생각하기에, 귀하의 암이 재발할 가능성이 있다고 생각합니까?					
	① 전혀 생각 안 한다	② 한 달에 몇 번	③ 일주일에 몇 번	④ 하루에 몇 번	⑤ 하루에도 여러 번
15. 암이 재발할 가능성에 대해 얼마나 자주 생각 하십니까?					
	① 생각하지 않는다	② 몇 초간 생각한다	③ 몇 분간 생각한다	④ 몇 시간 생각한다	⑤ 여러시간 생각한다
16. 암이 재발할 가능성에 대해 생각한다면 하루 중 얼마 동안 생각하십니까?					
	① 생각 안 했다	② 몇 주간	③ 몇 달간	④ 몇 년간	⑤ 여러 해
17. 암이 재발할 가능성에 대해 얼마나 오랫동안 생각했습니까?					
암이 재발할 가능성에 대해 생각할 때 다음과 같은 감정을 느끼니까?	① 전혀 그렇지 않다	② 조금 그렇다	③ 다소 그렇다	④ 많이 그렇다	⑤ 매우 그렇다
18. 걱정, 두려움, 불안					
19. 슬픔, 의기소침, 실망					
20. 좌절, 화, 분노					
21. 무력함, 체념					

암이 재발할 가능성에 대한 걱정과 두려움 때문에 다음 일들에 지장이 있습니까?	① 전혀 그렇지 않다	② 조금 그렇다	③ 다소 그렇다	④ 많이 그렇다	⑤ 매우 그렇다
22. 사회활동이나 여가활동 (예: 야유회, 스포츠활동, 여행)					
23. 직업 활동이나 일상 생활					
24. 배우자(이성친구), 가족, 친한 사람과의 관계					
25. 장래 계획을 세우거나 인생 목표를 정하는 것					
26. 마음이나 감정 상태					
27. 전반적인 삶의 질					
28. 내가 암 재발 가능성에 대해 지나치게 걱정하고 있다고 느낀다					
29. 다른 사람들은 내가 암 재발에 대해 지나치게 걱정하고 있다고 생각한다					
30. 다른 암환자에 비해 내가 암 재발 가능성에 대해 더 많이 걱정하고 있다고 생각한다					
암이 재발할 가능성에 대해 생각할 때는 스스로를 안심시키기 위해 다음과 같은 방법을 사용한다.	① 전혀 그렇지 않다	② 드물게 그렇다	③ 가끔 그렇다	④ 대부분 그렇다	⑤ 항상 그렇다
31. 담당 의사나 다른 의료인과 상담한다					
32. 병원에 가서 검사를 받아본다					
33. 암 관련 신체 증상이 있는지 스스로 살펴본다					
34. 관심을 다른 데로 분산시키려 노력한다 (예: 텔레비전 시청, 독서, 일하기)					
35. 암 재발에 대해 생각하지 않고 내 마음에서 멀리하려고 노력한다					
36. 기도나 명상, 이완요법을 한다.					
37. 다 잘 될 것이라고 스스로 위안하거나 긍정적으로 생각한다					
38. 다른 사람과 암 재발에 대해 이야기한다					
39. 이성적으로 상황을 이해하고 대처하려고 노력한다					
40. 해결책을 찾으려고 한다					
41. 즐거운 생각으로 대체하려고 노력한다					
42. 나 스스로에게 "그런 생각을 멈추자"라고 말한다					
위와 같은 방법들을 사용하면 안심하게 됩니까?					