**Tables**

**Table 1**

*Prevalence and Descriptive Statistics*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Girls(*N* = 127) | Boys(*N* = 100) |  |  |
|  | *M* | SD | *M* | SD | *t*(228) | *p* |
| Self-esteem | 24.93 | 7.67 | 28.77 | 8.27 | -46.458 | .000 |
| Psychological distress | 24.67 | 7.59 | 19.22 | 7.80 | -38.523 | .000 |
| Mindfulness | 34.98 | 8.26 | 39.20 | 7.48 | -65.071 | .000 |
|  | % | % | χ2(1) | *p* |
| Current victimization | 42.5 | 19.0 | 13.13 | .000 |
| Current perpetration | 37.8 | 18.0 | 9.69 | .002 |
| Previous victimization | 25.2 | 3.0 | 19.47 | .000 |
| Previous perpetration | 8.7 | 3.0 | 2.20 | .138 |

*Note:* Current = presence of at least one form of dating violence (DV) victimization or perpetration in the current relationship or in a relationship that occurred in the last year; Previous = presence of at least one form of DV perpetration or victimization excluding current ones and relationships that occurred during the last year.

**Table 2**

*Correlation Matrix*

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *p \ r* | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) |
| Age (1) | - | .05 | .08 | .04 | .01 | .07 | .08 | -.03 | .00 | .02 |
| Gender (being a boy) (2) | .453 | - | -.25 | -.21 | -.19 | -.26 | -.13 | .23 | -.33 | -.26 |
| Relationship length (3) | .205 | .000 | - | .31 | .30 | .03 | -.07 | -.01 | .14 | .20 |
| Current victimization (4) | .588 | .002 | .000 | - | .47 | .24 | .02 | -.07 | .15 | .15 |
| Current perpetration (5) | .825 | .005 | .000 | .000 | - | .28 | .06 | -.05 | .21 | .19 |
| Previous victimization (6) | .271 | .000 | .658 | .000 | .000 | - | .72 | -.18 | .22 | .20 |
| Previous perpetration (7) | .219 | .043 | .288 | .728 | .406 | .000 | - | -.11 | .03 | .02 |
| Self esteem (8) | .632 | .000 | .902 | .294 | .498 | .006 | .106 | - | -.33 | -.21 |
| Psychological distress (9) | .966 | .000 | .039 | .025 | .001 | .001 | .650 | .000 | - | .66 |
| Mindfulness (10) | .808 | .000 | .003 | .026 | .003 | .002 | .754 | .001 | .000 | - |

**Table 3**

*Loadings of constructs on items*

|  |  |  |  |
| --- | --- | --- | --- |
| Constructs | Items | Loadings before removals | Loading after removals |
| Mindfulness |  |  |  |
|  | Mind\_1 | .573 | - |
|  | Mind\_2 | .338 | - |
|  | Mind\_3 | .494 | - |
|  | Mind\_4 | .693 | - |
|  | Mind\_5 | .454 | .798 |
|  | Mind\_6 | .603 | - |
|  | Mind\_7 | .780 | .800 |
|  | Mind\_8 | .805 | .856 |
|  | Mind\_9 | .808 | .845 |
|  | Mind\_10 | .716 | .726 |
| Self-esteem |  |  | - |
|  | SE\_1 | .915 | .917 |
|  | SE\_2 | .865 | .867 |
|  | SE\_3 | .830 | .826 |
|  | SE\_4 | .565 | - |
|  | SE\_5 | .883 | .882 |
| Psychological distress |  |  |  |
|  | PD\_1 | .762 | .760 |
|  | PD\_2 | .726 | .723 |
|  | PD\_3 | .753 | .748 |
|  | PD\_4 | .802 | .812 |
|  | PD\_5 | .345 | - |
|  | PD\_6 | .354 | - |
|  | PD\_7 | .847 | .863 |
|  | PD\_8 | .779 | .787 |
|  | PD\_9 | .765 | .763 |
|  | PD\_10 | .734 | .748 |

**Table 4**

*Results from the PLS-SEM Mediation Model*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Boot mean | Boot SD | *t* | Lower CI 95% | Upper CI 95% | Sig.*p* | R2 |
| Regressions |  |  |  |  |  |  |  |  |
| Mindfulness |  |  |  |  |  |  |  | .155 |
|  | Current victimization (CV) | .013 | .075 | .204 | -.138 | .159 | .839 |  |
|  | Current perpetration (CP) | -.035 | .067 | -.570 | -.164 | .100 | .569 |  |
|  | Previous victimization (PV) | -.308 | .119 | -2.662 | -.527 | -.056 | .008 |  |
|  | Previous perpetration (PP) | .211 | .124 | 1.750 | -.039 | .452 | .081 |  |
|  | Gender (boy) | .215 | .065 | 3.232 | .085 | .343 | .001 |  |
|  | Age | -.003 | .067 | -.019 | -.138 | .126 | .985 |  |
|  | Relationship length | -.116 | .017 | -1.646 | -.252 | .025 | .101 |  |
| Self-esteem (SE) |  |  |  |  |  |  |  | .145 |
|  | Current victimization (CV) | -.020 | .084 | -.321 | -.186 | .143 | .749 |  |
|  | Current perpetration (CP) | .060 | .078 | .904 | -.098 | .202 | .367 |  |
|  | Previous victimization (PV) | -.141 | .106 | -1.352 | -.330 | .085 | .178 |  |
|  | Previous perpetration (PP) | .017 | .092 | .215 | -.169 | .196 | .830 |  |
|  | Gender (boy) | .231 | .068 | 3.397 | .095 | .360 | .001 |  |
|  | Age | -.047 | .068 | -.683 | -.180 | .085 | .495 |  |
|  | Relationship length | .079 | .091 | .891 | -.100 | .252 | .374 |  |
|  | Mindfulness | .190 | .071 | 2.567 | .050 | .330 | .011 |  |
| Psychological distress (PD) |  |  |  |  |  |  |  | .499 |
|  | Current victimization (CV) | .015 | .055 | .319 | -.089 | .129 | .750 |  |
|  | Current perpetration (CP) | .080 | .060 | 1.368 | -.044 | .193 | .173 |  |
|  | Previous victimization (PV) | .096 | .083 | 1.253 | -.066 | .261 | .212 |  |
|  | Previous perpetration (PP) | -.084 | .078 | -1.151 | -.244 | .065 | .251 |  |
|  | Gender (boy) | -.188 | .050 | -3.722 | -.288 | -.088 | .001 |  |
|  | Age | .017 | .049 | .341 | -.077 | .115 | .733 |  |
|  | Relationship length | -.066 | .050 | -1.389 | -.165 | .032 | .166 |  |
|  | Mindfulness | -.592 | .049 | -12.018 | -.682 | -.493 | .001 |  |
| Indirect effects (through mindfulness) | From | To |  |  |  |  |  |  |  |
| CV | SE | - | - | - | -.030 | .033 |  |  |
| CV | PD | - | - | - | -.096 | .082 |  |  |
| CP | SE | - | - | - | -.036 | .021 |  |  |
| CP | PD | - | - | - | -.060 | .099 |  |  |
|  | PV  | SE | - | - | - | -.128 | -.005 | \* |  |
|  | PV | PD | - | - | - | .033 | .312 | \* |  |
|  | PP  | SE | - | - | - | -.008 | .102 |  |  |
|  | PP  | PD | - | - | - | -.266 | .024 |  |  |

\**p* < .05. *Note*: The abbreviation “Boot.” stands for “bootstrapped”. Reported means, standard deviations and confidence intervals were obtained with bootstrapping procedures.